

MTAM – 2 Primary Credits MTAS - 2 Primary Credits MTAA – 1 Primary CEC MTANS - 1 Primary CEU

ISBN 978-1-4504-3877-3 \$58.95

Learn how to set yourself apart from your competition, add new clients, and improve client loyalty by making sure you're offering the best relaxation experience from the time clients arrive in your parking lot through the massage and beyond.

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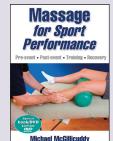
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This course helps rehabilitation professionals care for athletes with shoulder instability. The course text is delivered conveniently within the online course via .pdf format, as is the extensive video footage.

EXERCISE PHYSIOLOGY Laurel T. Mackinnon, PhD, FACSM Course Developer Humon Kinetics Online Education Center

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This course provides all the information you need to begin offering stone massage in your practice. From equipment selection to creating a marketing plan, this course will help you start and build your business by offering high-quality sessions.



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MTAA – 4 Primary CEC's

MTANS – 4 Primary CEU's

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This course gives you step-by-step instructions for using myofascial release to correct restrictions in connective tissue, normalize tissue mobility, and restore optimal function.



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This course presents the latest evidence in assessment, rehabilitation, and return-to-play criteria specific to hamstring injuries so that health care providers and coaches can get their athletes back in the game as quickly as possible while minimizing the risk for re-injury.



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Seated massage is one of the fastest-growing areas of the massage therapy profession today as well as one of the strongest forms of marketing a therapist can use for a table massage practice. This course gives you the tools to perform an effective chair massage session and create a successful practice.



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This course provides a thorough explanation of the anatomy, physiology, and pathology of tendinopathies and teaches how to identify risk factors, perform thorough assessments, and develop effective rehabilitation programs.



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This online course not only teaches the science behind the PNF technique, but it also demonstrates the procedures and techniques and how to apply the knowledge to develop rehabilitation programs for people with various upperextremity sports injuries.



CMTNL – 1 CEU/A CMTO – 1 CEU/A MTAM – 2 Primary Credits MTAS – 2 Primary Credits MTAA – 1 Primary CEC MTANS – 1 Primary CEU

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This course identifies customer service skills and methods of increasing loyalty relative to massage and bodywork and helps you implement strategies for achieving this essential service in your practice.